

Meadowdale Preschool

October 2020

Website: www.meadowdalepreschool.edmondswa.gov

Email: meadowdalepreschool@edmondswa.gov Phone: 425.745.5055

October Themes

Emotions
Fall/Harvest
Family

Letters

Oo, Gg, Pp

Color Days

October 8
Orange Day

October 15
Green Day

October 22
Purple Day

Great Start!

We are off to a great start and everyone is to be congratulated on the “phasing-in” process! Thank you for your patience and understanding as we navigated through our drop-off and pick-up routines.

Your children have quickly become comfortable in their new school environment and are adjusting to the daily requirements. They have been steller wearing their face masks, washing and sanitizing their hands, keeping to the required number of people in each center, and overall being a good peer to their new classmates.



FOR YOUR CALENDAR

OCTOBER 20

PUMPKIN PATCH FIELD TRIP

OCTOBER 29

PAJAMA PARTY



So how do children learn to be kind? They learn from our words and actions. Kindness is a positive value that will help your child today and in the future. Parents are an important role model for their children and the way you treat your child influences the way they will treat others. Be kind, talk about kindness and point out kind behavior.

Here are some ways to help your child develop kindness:

- * Show your love: smile often and give lots of hugs.
- * Praise your child and be specific – “Thanks for helping your little sister clean up!”
- * Give time to your child: spend at least 15-20 minutes alone with your child daily. Do something they enjoy.
- * Pay attention: listen carefully to what your child has to say and help them understand what it means when others have a different opinion
- * Give responsibilities: this helps your child feel important and learn to be a part of a team.
- * Be careful with criticism: don’t overreact if your child acts unkind. Gently explain what they did wrong and give clear examples of what behavior you expect.

YAY – we still get to visit the pumpkin patch!! Our autumn field trip is scheduled for Tuesday, October 20 at 10:15AM at The Farm (Swans Trail) in Snohomish. As you can imagine, there have been changes regarding the activities and logistics regarding our field trip, so please keep your eyes open for a separate note sent home with details regarding this field trip.



PAJAMA PARTY

In lieu of a costume party, we will be having a Pajama Party on Thursday, October 29th. This is a fun time for our preschoolers and a day full of giggles because we all show up in our PJ’s – keep your eyes open for more information!