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For Immediate Release

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*Puget Sound Bird Fest in Edmonds
September 6-8, 2013*

Puget Sound Bird Fest in Edmonds is an annual celebration of the birds and nature found on the beautiful shores of Puget Sound. Further information including a complete description and schedule of events can be found at the Bird Fest website: www.pugetsoundbirdfest.org.

Among the numerous activities during the three day event will be a chance to visit and learn about the Edmonds Marine Sanctuary, at Brackett's Landing North Park. FREE, no registration required.

Brown Bag Lunch Beach Walk, Saturday, September 7, 12:30-1:30pm

The City of Edmonds beaches have been protected marine sanctuaries since the early 1980's. Each year thousands of people visit the beaches during low tide to explore and learn about the intertidal life that flourishes in Puget Sound. When the tide is out, the table is set for birds to take advantage of the bounty of invertebrates exposed along the beach..... and they do!

Pack your lunch to the beach to learn more about this marine habitat and food web from the City of Edmonds' Interpretive Specialist Michelle Bear. While you are dining out in the truest meaning of the phrase, enjoy the guided walk north from the jetty at Brackett's Landing North to the mouth of Shell Creek, which is only accessible during low tide.

Numerous gulls, Caspian terns, Canada Geese, crows, and Killdeer congregate at the Shell Creek spit during low tide to drink and bathe in the fresh water. The resident Hutt Park pair of bald eagles regularly perches in the fir trees to the east. The summer resident Osprey should still be present and may be seen diving for fish in the Sound just off the beach.

Photos by Bill Anderson.

